

Service Project Report

Iowa Youth Congress



Primary Author: Claire Yocom
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Iowa Youth Congress

The Iowa Youth Congress (IYC) was created in 2006 by the Department of Human Rights (DHR) to enhance opportunity and broader representation of all Iowans in the government process. IYC provides youth of all backgrounds the opportunity to gain hands on education in the subject areas of state government, democracy, advocacy, and civic engagement.

IYC seeks up to 100 Iowa high school aged youth to participate in a year-long program which provides students the knowledge, abilities, and direction to advocate and enact change in their communities and at the state-level for issues affecting youth. IYC will hold regional meetings throughout the year and will engage students in a one-day Mock Congress event. Members also engage in volunteerism and service through designing a service project and completing service hours.

Through the IYC experience students attain a variety of skills including public speaking, problem solving, and political debate in multicultural leadership settings. The students also report that IYC participation improves their interest in the legislative process and helps to provide a more hands-on learning experience in the legislative process and volunteerism.

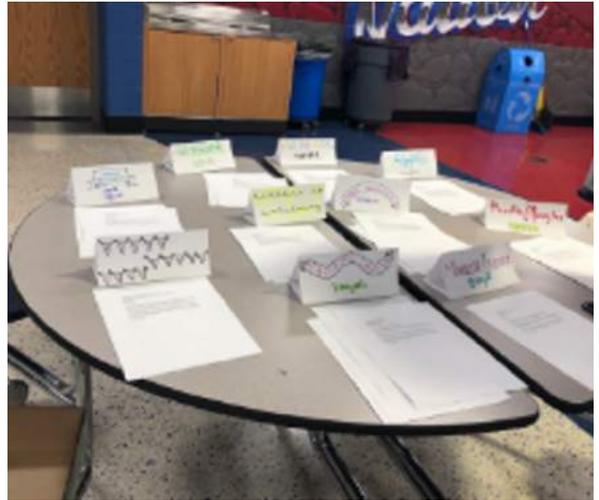


IYC and Service

The Iowa Youth Congress has a history of including a service element in their programming. Members are required to complete a minimum of 30 hours of community service, in addition to designing an individual or group service project during their term. These acts of service are embedded into the curriculum of the program to further civic engagement for the members beyond just learning about the governmental process and legislative advocacy. The service projects are also ways for the members to address the needs in their community through an individualized approach.

For the service projects, members historically team up with one to two other IYC members to execute their service projects. Service projects are fully student planned, executed and can range from hosting an event to raising awareness for an issue to fundraising or to collecting items for a cause.

Members through their service gain skills including event planning, civic engagement, and leadership skills among others through their service.



Service Projects

Unity Through Diversity Forum

2019



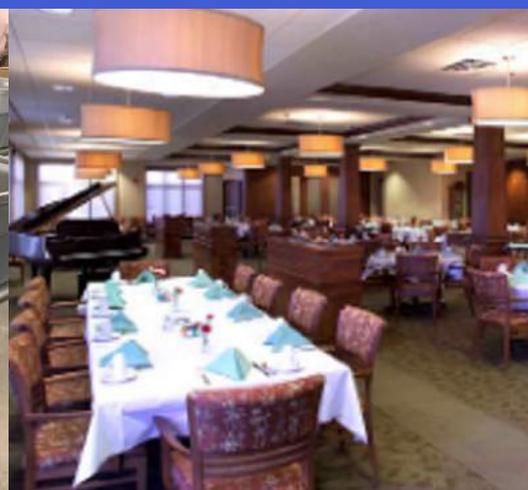
May 28th

In Central Campus's multipurpose/
school board meeting room

7 - 9pm



- Diversity Forum Event
- Book Drive
- App Development
- Feminine Hygiene Product Drive
- Sexual Violence Education/Awareness
- This is Me Event
- Call Out Hunger Telethon
- Aceing Autism Tennis Program
- School Safety App Development
- Hygiene Product Drive
- Letter Writing Campaigns
- Tennis Tournament
- Dance Marathon
- Kids Against Hunger
- Jamnesty Benefit Concert
- Write for Rights Campaign
- Pink Tax Awareness
- Book Sale
- Shri Shirdi Saibaba Temple Children Engagement Activities



Item Drives

Book Drive

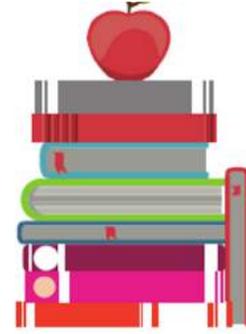
Members, Madeline K. and Meghna M. hosted a book drive at their high school where they donated the books received to Children and Families of Iowa. They collected 35 books in a week .

Hygiene Item Drive

Blythe K. collected hygiene products including shampoo, conditioner and body wash, for youth at the Iowa Homeless Youth Center (IHYC) in Des Moines. In addition to collecting such goods, she made tote bags for each set of hygiene products.

Diaper Drive

Jace B hosted a diaper drive where he collected diapers, along with baby wipes and baby powder. Items collected were donated to Planned Parenthood and Young Women's Resource Center.



MAY 6-10

CENTRAL ACADEMY BOOK DRIVE



DIAPER DRIVE

Drop off stations located around Valley and Central Campus

- Unused
 - Cloth Diapers
 - Regular Diapers
- Unopened
 - Baby Powder
 - Baby Rash Cream
 - Baby Wipes

Fundraising

Linn Marr Dance Marathon

Alex D. organized a Dance Marathon event at his high school benefiting kids with cancer. The event lasted 3 hours and had roughly 250 attendees and raised close to \$3,500.

Call Out Hunger Telethon

Grace S. organized and hosted a Call Out Hunger telethon. The event lasted three hours, and all proceeds benefited The River Bend Food Bank. The telethon was a success with raising \$3,258.

Tennis Tournament

Krishna K. hosted the "Causing a Racket" tennis tournament in honor of a school staff member with breast cancer. Over 75 students and adults played in the tournament.

Linn-Mar Dance Marathon

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April 19, 2019



Awareness

Sexual Assault Awareness

Silvia A. focused her service project on the foundation of a club at her school which raises awareness on sexual harassment and assault. She organized speakers, and hosted meetings which fostered discussion and education on the topics.

Aceing Autism

Haley H. founded a program called Aceing Autism in the Quad Cities area, which brings youth with autism together through the sport of tennis. The event had 15 participants and 40 volunteers each week creating a successful event.

Axe The Tampon Tax

Emma B. raised awareness about the pink tax through spreading information about the tax placed on feminine products. She met with legislators including Senator Hogg, and hosted a feminine hygiene product drive where the donations were given to the Catherine McAuley Center, a homeless shelter for women.

"I didn't
consent to
it. I didn't."

-Janice Dickinson

Students Against
Sexual Harassment and Assault

SASHA



*Catherine McAuley
Center*

**TAMPON
DRIVE**



This publication is brought to you by
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