



IOWA NATIONAL YOUTH IN TRANSITION DATABASE

IOWA NYTD

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IOWA NATIONAL YOUTH IN TRANSITION DATABASE

ANNUAL REPORT

SURVEY RESULTS FOR 19-YEAR-OLDS

REPORTING PERIOD: October 1, 2018 – September 30, 2019 (FFY 2019)

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NYTD OVERVIEW

BACKGROUND

In 1999, Public Law 106-169 established the John H. Chafee Foster Care Independence Program (currently referred to as the Chafee Foster Care Program for Successful Transition to Adulthood) at section 477 of the Social Security Act, providing States with flexible funding to carry out programs that assist youth age 14 or older in making the transition from foster care to self-sufficiency¹. The law also required the federal Administration for Children and Families (ACF) to develop a data collection system to track the independent living services States' provide to youth, and develop outcome measures that may be used to assess States' performance in operating their independent living programs. The law requires ACF to impose a penalty between one and five percent of the State's annual allotment on any State that fails to comply with the reporting requirements.

To meet the law's mandate, ACF published a proposed rule in the Federal Register on July 14, 2006 and a final rule on February 26, 2008. The regulation established the National Youth in Transition Database (NYTD)², and required that States engage in two data collection activities. First, States are to collect information on each youth who receives independent living services paid for or provided by the State agency. Second, States are to collect demographic and outcomes information on certain youth in foster care³ whom the State will follow over time to collect additional outcome information.

Pursuant to the regulation, the Iowa Department of Human Services (DHS) began collecting data for NYTD on October 1, 2010 and reports data to ACF semi-annually. The first submission of data to the ACF was May 15, 2011. The most recent submission was November 15, 2019. Iowa has been in full compliance with NYTD reporting requirements since implementation. Federal compliance requires a response rate of 80% for the baseline (age 17) population, and 60% for the follow-up (age 19 and 21) populations.

DHS and other state child welfare agencies are required to collect outcome data and information describing services provided to youth in Iowa foster care or who have exited. DHS case managers and juvenile court officers report quarterly life skills services provided to youth age 14 and older, when the service is paid for or provided by DHS. Then, to measure the outcomes of youth who were formerly in foster care, Iowa DHS contracts out survey data collection. Since 2016, the Iowa Department of Human Rights (DHR), Division of Criminal and Juvenile Justice Planning (CJJP) has completed these activities, and in addition to surveying youth, also watched trends, created reports, and engaged Iowa's youth through various Outreach Activities (pages 14-15). Youth are surveyed at age 17 (in cohorts every three years), then 25% of those surveyed are contacted again when they are age 19 and 21.

¹ https://www.acf.hhs.gov/sites/default/files/cb/nytd_data_brief_1.pdf, p. 1

² <https://sites.google.com/a/iowa.gov/national-transition-youth-database-nytd/what-is-nytd>

³ Foster care is defined in 45 CFR 1355.20 as a 24-hour substitute care for all children placed away from their parents or guardians and for whom the Department of Juvenile Court Services (JCS) has placement and care responsibility either through court order or voluntary agreement. This includes, but is not limited to, placements in foster family homes (whether the foster parents are relatives of or unrelated to the youth), group homes/residential facilities, shelter care and child care institutions (regardless of whether such homes or institutions are licensed, approved, or paid), emergency shelters, and preadoptive homes. This definition does not include placements in detention facilities, forestry camps, training schools, or any other facility operated primarily for the detention of children who are determined to be delinquent. The definition also excludes youth who are in the placement and care responsibility of a tribal agency unless the conditions specified above regarding title IV-E agreements apply.

The Iowa NYTD survey was administered to the third baseline cohort of foster care youth who reached age 17 in federal fiscal year 2017 (FFY 2017). The follow-up populations for that baseline cohort received follow-up surveys as they reached age 19 (FFY 2019) and will receive their final survey around their 21st birthday (FFY 2021). This report represents follow-up outcomes information collected from FFY 2019. Additional reports on the interim NYTD populations can be found on Iowa NYTD's website⁴.

19-YEAR-OLD SURVEY

METHODS OF SURVEY COLLECTION

Iowa currently offers four methods for the youth to complete the survey. The survey may be taken via phone, mail, or online:

Instructions given to the youth to complete the survey:

Mail: Request a copy be mailed and return the completed survey in a business reply envelope.

Email: Request a copy be emailed to be printed off, completed, and then scanned and returned via email.

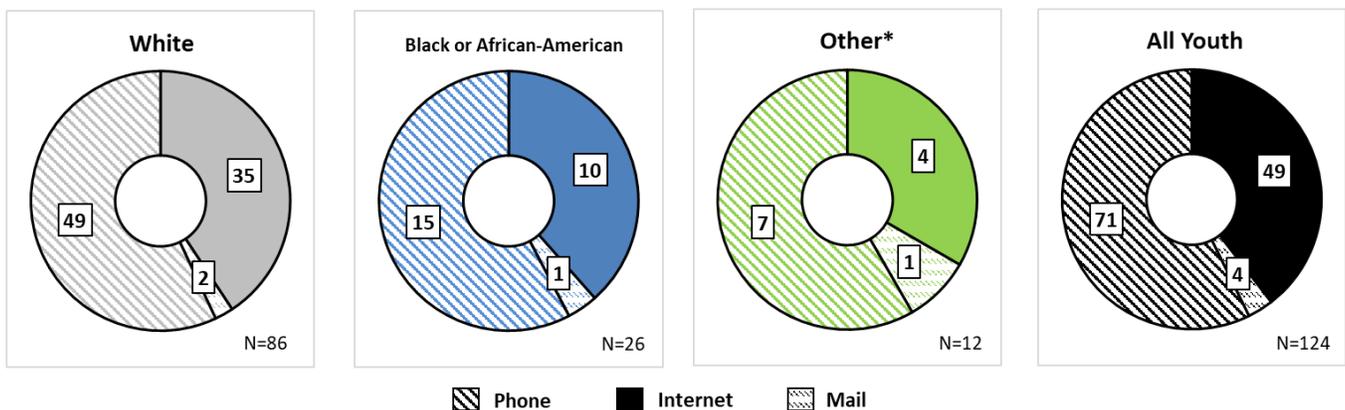
Online: Go to bit.ly/lowaNYTD, click on 'Take the Survey' and then click on the respective survey option.

Phone: Call or text the NYTD Coordinator at 515-343-6412 to complete the survey, request a paper copy be mailed, or to obtain your Survey ID.

Table 1. Method of Participation

	N	%
Internet	49	39.5%
Mail	4	3.2%
Phone	71	57.3%
Total	124	—

Figure 1. Method of Participation by Race



*Other includes Alaskan/American Native, Asian and Unable to Determine youth.

Participation Method Observations:

- ❖ Regardless of race and gender, youth prefer to participate over the phone.

⁴ <https://sites.google.com/a/iowa.gov/national-transition-youth-database-nytd/annual-report>

INCENTIVES

Youth who complete the Iowa NYTD survey receive an incentive for participating. Incentives are awarded to survey participants as a way to increase the survey participation rate, as well as to thank youth for taking the time to thoughtfully answer the survey questions. Iowa NYTD offers participants six different options for an incentive depending on the population being served. 19-year-olds mainly chose the gift card option.

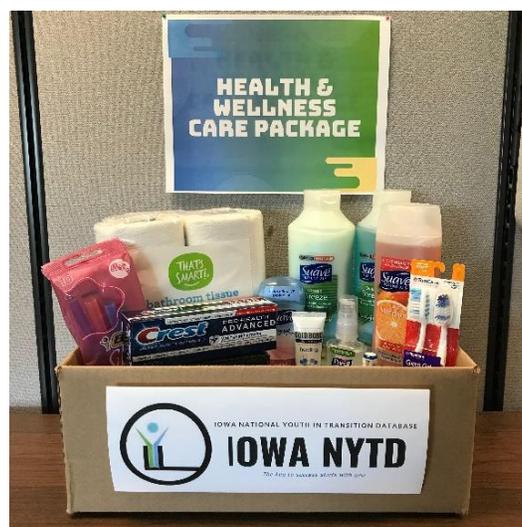
GIFT CARDS

The baseline population (17-year-old youth) receives a \$25 gift card to Casey's General Store, HyVee, or Walmart. Survey participants in the follow-up population of 19-year-olds receive a \$25 gift card, and 21-year-olds receive a \$50 gift card. Participants at age 17 and 19 are offered an additional \$10 and \$25 gift card, respectively, to provide the names and contact information for individuals who will know how to contact the youth again in two years for their next survey.



CARE PACKAGES

For 19-year-olds, a Health and Wellness care package can be substituted for a gift card upon request. The contents of the packages are approximately the same value as the gift card (\$25-50), depending on whether or not they provided additional contact information.



PROFILE OF PARTICIPATION

The 19-year-old survey includes 27 questions that collect demographic information and measure youth outcomes across seven domains:

- Financial Self-Sufficiency
- Educational Attainment
- Positive Connections with Adults
- Experience with Homelessness
- High-Risk Behavior
- Mental Health⁺
- Access to Health Insurance

The survey data must be collected directly from the youth (and not administrative records). All survey responses are self-reported, and the youth has the option to decline a question, or the survey itself, at any time. Collected responses are always confidential, and are not connected to a specific youth.

A full list of questions can be found in Appendix A.

The first cohort of surveys for 19-year-olds began October 1, 2018. There were 194 youth eligible to participate in Iowa's first 19 year-old follow-up population cohort. Two of these youth were excluded from the follow-up survey due to death, while an additional 13 youth were found unable to participate in the survey due to incarceration. Of the 194 youth eligible to complete the survey, a total of 124 youth participated, and each of them completed one survey.

Table 2. Participation Rate

	N	Compliance %
FFY 2019 Cohort	194	--
Death	- (2)	--
Incarcerated	- (13)	--
Total for Compliance⁵	179	--
Youth Participated	124	69.3%
Unable to Locate/Invite	52	29.1%
Youth Declined	3	1.8%

Participation Rate Observations:

- ❖ Approximately 69% (N=124) of youth in the 19-year-old follow-up cohort participated in the survey, while 29.1% (N=52) were not located.

States are required to survey 60% of youth in the follow-up population during the federal fiscal year reporting period in order to maintain compliance. Iowa surveyed approximately 69% of eligible⁵ youth in the 19-year-old follow-up population cohort. Iowa retains 100% compliance with federal requirements.

Information was not collected on youth who did not participate in the survey. Youth may not have participated in the survey for various reasons:

- Not In Sample
- Ranaway/Missing—reported by parent, foster parent, DHS case worker, or juvenile court officer
- Unable to Locate/Invite—fail to locate youth to invite to complete the survey
- Youth Declined
- Youth Incapacitated
- Youth Incarcerated

⁵Death and incarceration reporting statuses are excluded from the compliance rate calculation.

PARTICIPANT DEMOGRAPHICS

The tables below provide data regarding the race, ethnicity, and gender of the youth who participated in the survey. It is important to note that “Unable to Determine” includes youth who either did not know their race and answered Unknown, or youth who answered Unknown and then subsequently answered yes for Hispanic or Latino ethnicity. The need for distinction is important for the foster care system moving forward as some youth are unable to determine the differences between their race and their ethnicity. Further, it is important for the NYTD Coordinator to ensure that the participants are understanding the question in order to provide error free data.

Table 3. Participants by Race & Gender

Question 1	Female		Male		Total	
	N	%	N	%	N	%
White	42	66.7%	44	72.1%	86	69.4%
Black or African-American	13	20.6%	13	21.3%	26	21.0%
Alaskan/American Native	4	6.3%	2	3.3%	6	4.8%
Asian	1	1.6%	1	1.6%	2	1.6%
Unable to Determine	3	4.8%	1	1.6%	4	3.2%
Declined	0	0.0%	0	0.0%	0	0.0%
Total	63	--	61	--	124	--

Table 4. Participants Ethnicity*

*Question 2 asks youth, “Are you of Hispanic or Latino ethnicity?”	N	%
Yes	11	8.9%
No	107	86.3%
Unknown	5	4.0%
Declined	1	0.8%
Total	124	--

Participants by Race and Gender Observations:

- ❖ White youth comprised 69.4% of the youth who participated, while African-American youth comprised 21.0%.
- ❖ 8.9% of participating youth reported they were of Hispanic or Latino ethnicity.
- ❖ These statistics are comparable to the population demographics in Iowa, as White, Non-Hispanic youth comprised nearly 81% of the 18 to 20-year-old population in Iowa during 2018⁶.

⁶ https://www.ojdp.gov/ojstatbb/ezapop/asp/comparison_selection.asp

SURVEY RESULTS

The following data and analysis are of select survey responses from each of the seven domains (see page 6). The data only pertains to those who participated in the survey, or otherwise declined. Declined responses include declining to answer a given question. Comparison data was derived from the U.S. Department of Health and Human Services, Children’s Bureau, FFY 2016 cohort⁷.

During FFY 2019, CJJP and DHS added three new questions to enhance data collection efforts and improve programming. These questions are referred to as State Plus questions herein, and are denoted with a plus sign (+).

FINANCIAL SELF-SUFFICIENCY

Table 5. Participant Full-Time Employment by Race & Gender

Question 3	Declined	No		Yes		Total
	F	F	M	F	M	
White	0	29	27	13	17	86
Black or African-American	0	9	11	4	2	26
Alaskan/American Native	0	4	2	0	0	6
Asian	0	1	1	0	0	2
Unable to Determine	1	1	1	1	0	4
Total	1	44	42	18	19	124

Table 6. Participant Part-Time Employment by Race & Gender

Question 4	No		Yes		Total
	F	M	F	M	
White	28	35	14	9	86
Black or African-American	5	9	8	4	26
Alaskan/American Native	3	2	1	0	6
Asian	0	1	1	0	2
Unable to Determine	1	0	2	1	4
Total	37	47	26	14	124

⁺ Details on State Plus Question 5, which asked youth who answered “No” to Questions 3 or 4, why they are not currently working, can be found in Table B1 in Appendix B.

Financial Assistance Observations—Employment:

- ❖ 62.1% (N=77) of participating youth reported having either full-time and/or part-time employment, which has increased just over 11% from the 51% of Iowa’s 19-year-olds who reported being employed full-time or part-time in FFY 2016⁸.
- ❖ Of participating White and African-American youth, 65.1% (N=56) and 76.9% (N=20) respectively, reported not having full-time employment.
- ❖ 32.3% (N=40) of participating youth reported part-time employment.

⁷ <https://www.acf.hhs.gov/cb/research-data-technology/reporting-systems/nytd>

⁸ https://www.acf.hhs.gov/sites/default/files/cb/percent_employed.pdf; 62.1% (N=77) includes youth who reported “yes” to both full and part-time employment, which could be duplicative; while the 51% reported from FFY 2016 indicates the percentages of youth reporting “yes” to at least one of the employment questions.

Table 7. Social Security Payments* Received by Participant by Race & Gender

Question 7	No		Yes		Total
	F	M	F	M	
White	40	35	2	9	86
Black or African-American	12	9	1	4	26
Alaskan/American Native	2	2	2	0	6
Asian	1	1	0	0	2
Unable to Determine	2	1	1	0	4
Total	57	48	6	13	124

*Social Security payments (Supplemental Security Income (SSI), Social Security Disability Insurance (SSDI) or dependents' payments) include payments from the government to meet basic needs for food, clothing, and shelter for a person with a disability, be it the youth themselves or their guardian.

Table 8. Public Financial Assistance* Received by Participant

Questions 9-11	No		Yes	
	N	%	N	%
Public Financial Assistance	120	96.8%	4	3.2%
Public Food Assistance	97	78.2%	26	21.0%
Public Housing Assistance	116	93.5%	8	6.5%

*Declined responses to any form of public assistance were excluded from the responses listed in the table, but are included in the overall total calculations.

Financial Assistance Observations—Government Assistance:

- ❖ Approximately 15% (N=19) of participating youth received social security payments.
- ❖ Nearly 31% (N=38) of participating youth received some form of public assistance, which is comparable to the national average (30%) for 19-year-olds who also reported receiving public assistance in FFY 2016⁹.

EDUCATIONAL ATTAINMENT**Table 9. Participant Educational Attainment by Race & Gender**

Question 13	High school diploma/GED		None of the above		Vocational certificate	Total
	F	M	F	M	F	
White	31	32	10	12	1	86
Black or African-American	6	7	7	6	0	26
Alaskan/American Native	2	1	2	1	0	6
Asian	1	1	0	0	0	2
Unable to Determine	2	0	1	1	0	4
Total	42	41	20	20	1	124

Educational Attainment Observations:

- ❖ 67% (N=83) of participating youth already have their high school diploma or GED, which is down compared to the 76% of Iowa's 19-year-olds surveyed in FFY 2016 who also reported having received a high school diploma or GED¹⁰.
- ❖ Of participating White and African-American youth, 73.3% (N=63) and 50% (N=13), respectively, reported receiving their high school diploma or GED.

⁹ https://www.acf.hhs.gov/sites/default/files/cb/nytd_data_brief_6.pdf; p. 3

¹⁰ https://www.acf.hhs.gov/sites/default/files/cb/percent_reporting_hs_ged.pdf

Table 10. Participants Currently Attending School by Race & Gender

Question 14	No		Yes		Total
	F	M	F	M	
White	29	33	13	11	86
Black or African-American	3	8	10	5	26
Alaskan/American Native	1	1	3	1	6
Asian	1	0	0	1	2
Unable to Determine	1	1	2	0	4
Total	35	43	28	18	124

⁺ Details on State Plus Question 15, which asked youth who answered “No” to Question 14, why they are not currently attending school and/or college, can be found in Table B2 in Appendix B.

Current Educational Status Observations:

- ❖ 37.1% (N=46) of participating youth are currently enrolled in and attending high school, GED classes, post-high school vocational training, or college, which is down approximately 15% from the national average (52%) reported for 19-year-olds in FFY 2016¹¹.
- ❖ 57.7% (N=15) of participating African-American youth are enrolled in and attending an educational program.
- ❖ 62.9% (N=78) of participating youth were not currently attending school and/or college.

Table 11. Educational Assistance* Received by Participants by Race & Gender

Question 8	No		Yes		Total
	F	M	F	M	
White	36	39	6	5	86
Black or African-American	9	11	4	2	26
Alaskan/American Native	3	2	1	0	6
Asian	1	0	0	1	2
Unable to Determine	2	1	1	0	4
Total	51	53	12	8	124

*Educational assistance includes scholarships, grants, stipends, or student loans awarded for spending on expenses related to gaining an education.

Educational Assistance Observations:

- ❖ Nearly 84% (N=104) of participating youth reported not receiving any educational assistance.

¹¹ https://www.acf.hhs.gov/sites/default/files/cb/nytd_data_brief_6.pdf; p. 4

POSITIVE CONNECTION WITH ADULTS

Table 12. Participant Connection to an Adult by Race & Gender

Question 16	Declined	No		Yes		Total
	M	F	M	F	M	
White	1	3	0	39	43	86
Black or African-American	0	0	2	13	11	26
Alaskan/American Native	0	0	0	4	2	6
Asian	0	0	0	1	1	2
Unable to Determine	0	0	0	3	1	4
Total	1	3	2	60	58	124

Positive Connections with Adults Observations:

- ❖ 95.2% (N=118) of participating youth reported having at least one adult in their life to whom they could go for advice or emotional support, which is comparable to the 96% of Iowa's 19-year-olds who reported in FFY 2016¹².

EXPERIENCE WITH HOMELESSNESS

Table 13. Participant Homelessness by Race & Gender

Question 17	Declined	No		Yes		Total
	F	F	M	F	M	
White	1	29	36	12	8	86
Black or African-American	0	11	10	2	3	26
Alaskan/American Native	0	2	2	2	0	6
Asian	0	1	1	0	0	2
Unable to Determine	0	3	1	0	0	4
Total	1	46	50	16	11	124

Experience with Homelessness Observations:

- ❖ 77.4% (N=96) of participating youth reported having never been homeless.
- ❖ 21.8% (N=27) of participating youth reported having been homeless within the past two years, which decreased from the 23% of Iowa's 19-year-olds who reported homelessness within the past two years in FFY 2016¹³.
- ❖ Nationally, 20% of 19-year-olds reported homelessness within the past two years in FFY 2016¹⁴.
- ❖ Female youth comprised 59.3% (N=16) of participating youth who reported being homeless within the past two years.

¹² https://www.acf.hhs.gov/sites/default/files/cb/percent_reporting_connection_to_adult.pdf

¹³ https://www.acf.hhs.gov/sites/default/files/cb/percent_experienced_homelessness.pdf

¹⁴ https://www.acf.hhs.gov/sites/default/files/cb/nytd_data_brief_6.pdf, page 5

HIGH-RISK BEHAVIOR

Table 14. Participant Substance Abuse Referral by Race & Gender

Question 18	No		Yes		Total
	F	M	F	M	
White	34	38	8	6	86
Black or African-American	10	10	3	3	26
Alaskan/American Native	3	2	1	0	6
Asian	1	0	0	1	2
Unable to Determine	3	0	0	1	4
Total	51	50	12	11	124

High-Risk Behavior Observations—Substance Abuse Referral:

- ❖ 81.5% (N=101) of participating youth reported having never been referred for an alcohol or drug abuse assessment or counseling.
- ❖ 18.5% (N=23) of participating youth reported having been referred for substance abuse assessment or counseling in the past two years, which is higher than the national average (14%) reported for 19-year-olds in FFY 2016¹⁵.

Table 15. Participant Confinement* by Race & Gender

Question 20	No		Yes		Total
	F	M	F	M	
White	36	30	6	14	86
Black or African-American	11	7	2	6	26
Alaskan/American Native	2	1	2	1	6
Asian	1	0	0	1	2
Unable to Determine	3	0	0	1	4
Total	53	38	10	23	124

*Confinement refers to youth who were confined in a jail, prison, correctional facility, or juvenile or community detention facility in connection with allegedly committing a crime.

High-Risk Behavior Observations—Confinement:

- ❖ 26.6% (N=33) of participating youth reported being confined within the past two years, which is higher than Iowa's (24%)¹⁶, and the national average (20%)¹⁷, reported for participating 19-year-olds in FFY 2016.
- ❖ Of participating youth who reported confinement, 30.3% (N=10) were female and approximately 70% (N=23) were male.
- ❖ 73.4% (N=91) of participating youth reported no confinement within the past two years.

¹⁵ https://www.acf.hhs.gov/sites/default/files/cb/nytd_data_brief_6.pdf, p. 5

¹⁶ https://www.acf.hhs.gov/sites/default/files/cb/percent_incarceration.pdf

¹⁷ https://www.acf.hhs.gov/sites/default/files/cb/nytd_data_brief_6.pdf, p. 5

Table 16. Female Childbearing by Participants by Race

Question 21	No	Yes	Total
White	35	7	42
Black or African-American	12	1	13
Alaskan/American Native	3	1	4
Asian	0	1	1
Unable to Determine	3	0	3
Total	53	10	63

Table 17. Male Childbearing by Participants by Race

Question 21	No	Yes	Total
White	41	3	44
Black or African-American	12	1	13
Alaskan/American Native	1	1	2
Asian	1	0	1
Unable to Determine	1	0	1
Total	56	5	61

High-Risk Behavior Observations—Childbearing:

- ❖ 12.1% (N=15) of participating youth reported having given birth to or fathered children, which is comparable to the national average (10%) reported for 19-year-olds in FFY 2016¹⁸.
- ❖ Approximately 88% (N=109) of participating youth answered no to having given birth to or fathered any children.

MENTAL HEALTH⁺
Table 18. Participant Mental Health Referral by Race & Gender

Question 19 ⁺	No		Yes		Total
	F	M	F	M	
White	13	20	29	24	86
Black or African-American	7	8	6	5	26
Alaskan/American Native	1	1	3	1	6
Asian	1	0	0	1	2
Unable to Determine	0	1	3	0	4
Total	22	30	41	31	124

+State Plus Question

Mental Health Observations:

- ❖ 58.1% (N=72) of participating youth reported receiving mental health counseling, therapy, or an assessment within the past two years.

¹⁸ https://www.acf.hhs.gov/sites/default/files/cb/nytd_data_brief_6.pdf, p. 5

Table 19. Participant's Medicaid Insurance by Race & Gender

Question 23	Don't know		No		Yes		Total
	F	M	F	M	F	M	
White	6	10	4	8	32	26	86
Black or African-American	1	1	1	3	11	9	26
Alaskan/American Native	0	0	0	1	4	1	6
Asian	0	0	0	0	1	1	2
Unable to Determine	0	0	1	1	2	0	4
Total	7	11	6	13	50	37	124

Table 20. Participant's Other Health Insurance by Race & Gender

Question 24	Don't know		No		Yes		Total
	F	M	F	M	F	M	
White	4	7	32	24	6	13	86
Black or African-American	1	2	9	11	3	0	26
Alaskan/American Native	0	0	4	1	0	1	6
Asian	0	0	1	1	0	0	2
Unable to Determine	0	0	2	1	1	0	4
Total	5	9	48	38	10	14	124

Access to Health Insurance Observations:

- ❖ 89.5% (N=111) of participating youth reported having Medicaid and/or some other health insurance, which increased from the 79% of Iowa's 19-year-olds reported in FFY 2016¹⁹.
- ❖ 14.5% (N=18) of participating youth reported not knowing if they had Medicaid coverage, which is higher than the national average (7%) reported for 19-year-olds in FFY 2016²⁰.
- ❖ 8.1% (N=10) of participating youth reported not currently being on Medicaid or another health insurance²¹.

¹⁹ https://www.acf.hhs.gov/sites/default/files/cb/percent_medicaid_insurance.pdf; 89.5% (N=111) includes youth who reported "yes" to having Medicaid and/or some other health insurance, which could be duplicative; while the 79% reported from FFY 2016 indicates the percentages of youth reporting "yes" to at least one of the health insurance questions.

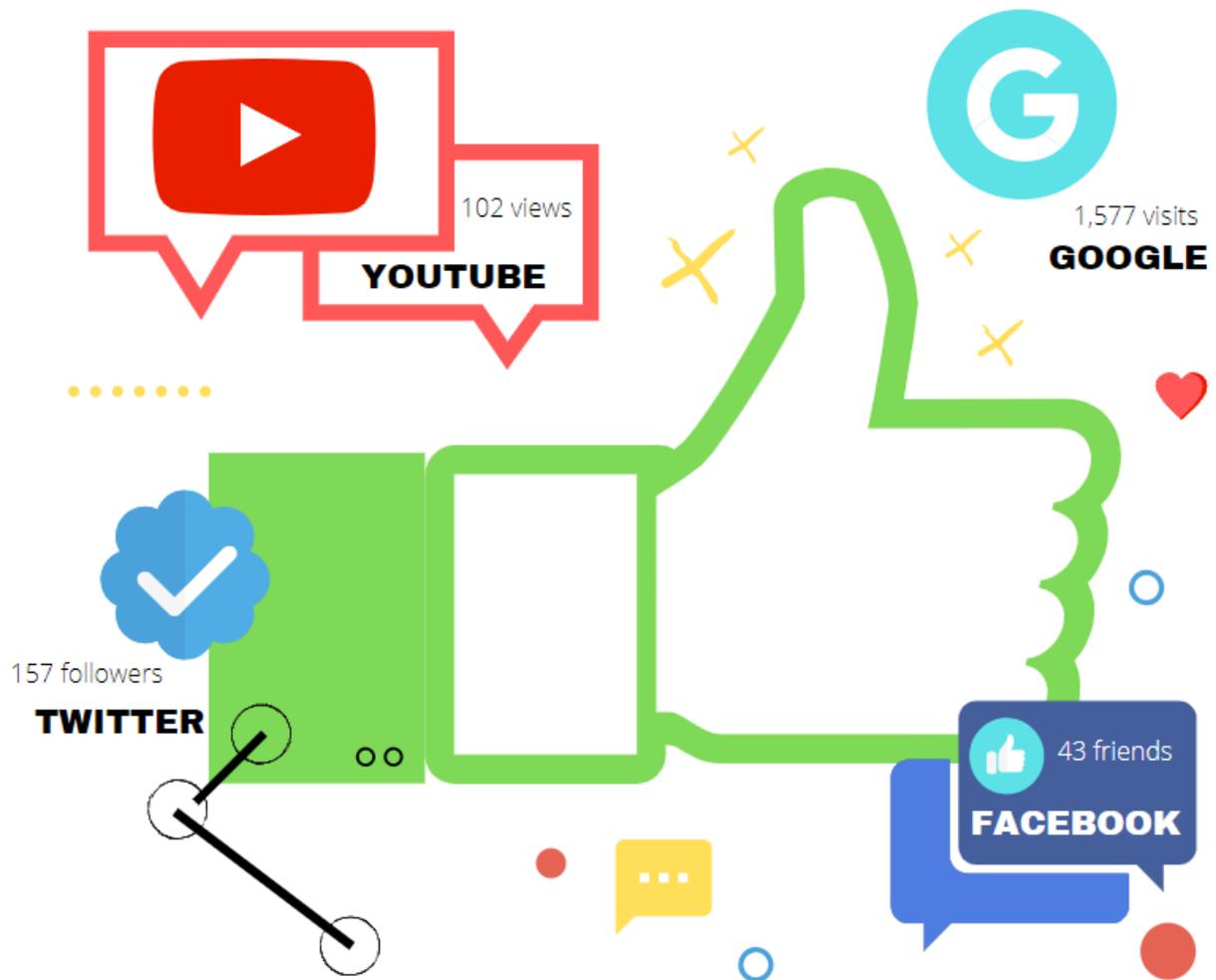
²⁰ https://www.acf.hhs.gov/sites/default/files/cb/nytd_data_brief_6.pdf, p. 6

²¹ The percentage listed was calculated independently for purposes of this report, and thus cannot be derived from Tables 19 and 20.

YOUTH ENGAGEMENT

SOCIAL MEDIA

Social media is a powerful tool to engage youth. It allows NYTD to share information with its target survey population instantaneously. Iowa NYTD continues to utilize the social media platforms of [Facebook](#), [Twitter](#), [YouTube](#), and [Google](#) to promote the NYTD survey and youth activities. Iowa NYTD's online presence has grown since its inception on October 1, 2016.



OUTREACH ACTIVITIES

TALKING WALL

In 2018, Iowa NYTD proposed to hold an annual “Youth Voice Project” to aid interested parties in ensuring that the youth perspective in Iowa is being heard in regards to the practices and policies that apply to them.

During FFY 2019, Iowa NYTD’s Talking Wall was implemented to promote youth voice by raising awareness of the needs of youth in the foster care and/or juvenile justice system. The Talking Wall works in conjunction with Achieving Maximum Potential (AMP) and the Juvenile Justice Advisory Council to provide an opportunity for youth to appropriately use their voice as a tool for change. The activity specifically asks youth to express their suggestion(s) regarding improvements to Iowa’s foster care and/or juvenile justice system.

As of September 30, 2019, 15 child-serving locations including AMP councils, Youth Homes of Mid-America, and Central Iowa’s Juvenile Detention Center, and more, have participated to provide Iowa NYTD with nearly 361 suggestions.

Detailed results from the FFY 2019 Talking Wall are available upon request from the NYTD Coordinator.

IOWA YOUTH RESOURCES WEBSITE

In 2018, CJJP partnered with the Iowa NYTD, AMP, the Iowa Department of Public Health (IDPH), the Boys’ State Training School (STS), and other state agencies, to create the Iowa Youth Resources Website, with the goal to improve outcomes for youth returning from out-of-home placement. By partnering with other child-serving agencies, Iowa created a one stop shop for youth resources.

The site features seven videos and other resources designed to help youth who are transitioning to adulthood. The videos focus on employment, education, housing, medication management, money, relationships, and other resources. Although the information began as an effort to assist youth who are exiting the foster care or delinquency systems, the resources provided may be used by all youth, families, providers, and more.



NEED RESOURCES?

Check out the website below to find the resources you need to help make your transition into adulthood easier:

bit.ly/IAYouthResources

#help #school #housing #meds #work #people #money

CREATIVE EXPRESSIONS CONTEST AND SHOW CASE

Artistic engagement is a powerful tool to express oneself. Iowa NYTD conducts an annual creative expressions contest and invites all Iowa youth up to age 24 who have experienced foster care or other out-of-home placement to participate. Participants are asked to submit a work of art that captures the given theme of the contest. Approximately 25 entries have been submitted in NYTD's three Creative Expressions contests. All contest submissions can be viewed at bit.ly/lowaNYTD, under Foster Youth Activities.



In addition to the Creative Expressions Contest, the Iowa NYTD Expressive Creations Show Case began in October 2018 as an effort to continue to promote youth voice and provide creative avenues for positive expression. The Expressive Creations Show Case allows local and state agencies to host and display previously submitted art entries. There are currently four local agencies displaying NYTD contest entries.



APPENDIX A

Included in Appendix A are the survey questions broken down by domain. Unless noted, each survey question has the response options of Yes, No, Decline, and Don't know and/or Not applicable, if applicable.

Participant Demographics:

- a. **Question 1:** Using the options provided below, circle each letter that best describes your race:
 1. American Indian or Alaska Native
 2. Asian
 3. Black or African-American
 4. Native Hawaiian or Other Pacific Islander
 5. White
 6. Unknown
 7. Decline
- b. **Question 2:** Are you of Hispanic or Latino ethnicity?

Financial Self-Sufficiency:

- c. **Question 3:** Currently are you employed full-time?
- d. **Question 4:** Currently are you employed part-time?
- e. **Question 7:** Currently are you receiving social security payments?
- f. **Question 8:** Currently are you using a scholarship, grant, stipend, student loan, voucher or other types of educational financial aid to cover any educational expenses?
- g. **Question 9:** Currently are you receiving ongoing Family Investment (FIP) payments from the government to support your basic needs?
- h. **Question 10:** Currently are you receiving public food assistance?
- i. **Question 11:** Currently are you receiving any sort of housing assistance from the government, such as living in public housing or receiving a housing voucher?
- j. **Question 12:** Currently are you receiving any periodic and/or significant financial resources or support from another source not previously indicated and excluding paid employment?

Educational Attainment:

- k. **Question 6:** In past year, did you complete an apprenticeship, internship, or other on-the-job training, either paid or unpaid?
- l. **Question 13:** What is the highest educational degree or certification that you have received?
- m. **Question 14:** Currently are you enrolled in or attending high school, GED classes, post-high school vocational training, or college?

Positive Connections with Adults:

- n. **Question 16:** Currently is there at least one adult in your life, other than your caseworker, to whom you can go for advice or emotional support?

Experience with Homelessness:

- o. **Question 17:** Have you been homeless within the last two years?

High-Risk Behavior:

- p. **Question 18:** In the past two years, did you refer yourself, or had someone else referred you for an alcohol or drug abuse assessment or counseling?
- q. **Question 20:** In the past two years, were you confined in a jail, prison, correctional facility, or juvenile or community detention facility, in connection with allegedly committing a crime?
- r. **Question 21:** In the past two years, did you give birth to or father any children that were born?
- s. **Question 22:** If you responded yes to [Question 21], were you married to the child's other parent at the time each child was born?

Access to Health Insurance:

- t. **Question 17:** Currently are you on Medicaid?
- u. **Question 18:** Currently do you have health insurance, other than Medicaid?
- v. **Question 19:** Does your health insurance include coverage for medical services?
- w. **Question 20:** Does your health insurance include coverage for mental health services?
- x. **Question 21:** Does your health insurance include coverage for prescription drugs?

State Plus Questions⁺:

- y. **Question 5:** If you responded no to [Question 3] and [Question 4], which category best describes why you are not currently working?
 - 1. Attending school
 - 2. Lack of transportation
 - 3. Child care responsibilities
 - 4. Lack of available jobs
 - 5. In between jobs
 - 6. Other
- z. **Question 15:** If you responded no to [Question 14], which category best describes why you are no longer attending school and/or college?
 - 1. Employed/Working
 - 2. Can't afford it
 - 3. Child care responsibilities
 - 4. Poor grades
 - 5. Lack of transportation
 - 6. Other
- aa. **Question 19:** In the past two years, have you received mental health counseling, therapy, or an assessment?

Attachment 1 contains a copy of the full survey.

APPENDIX B

Table B1. Participant Reason for Not Currently Working by Race & Gender*

Question 5+	Attending school		Child care responsibilities		In between jobs		Lack of available jobs	Lack of transportation		Other		Total
	F	M	F	M	F	M	F	F	M	F	M	
White	5	7	3	1	2	3	2	3	5	2	3	36
Black or African-American	2	3	0	0	0	2	0	0	1	0	1	9
Alaskan/American Native	2	1	1	1	0	0	0	0	0	0	0	5
Asian	0	1	0	0	0	0	0	0	0	0	0	1
Total	9	12	4	2	2	5	2	3	6	2	4	51

*If a youth answered “Yes” to working either full or part-time, then they answered “Not applicable” to Question 5, “which category best describes why you are not currently working?”, and are excluded from this table. Counts only reflect the response of youth who are not working either full or part-time.

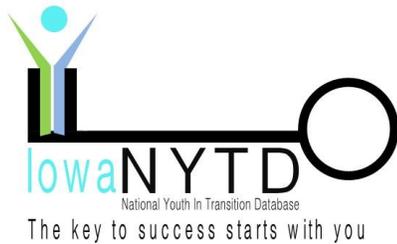
❖ Of those that were not currently working (N=51), 41.2% (N=21) reported it due to them attending school.

Table B2. Participant Reason for Not Currently Attending School and/or College by Race & Gender*

Question 15+	Declined	Can't afford it		Child care responsibilities		Employed/Working		Lack of transportation		Poor grades		Other		Total
	M	F	M	F	M	F	M	F	M	F	M	F	M	
White	1	6	5	1	0	9	11	4	3	1	1	8	12	62
Black or African-American	0	0	0	0	0	3	3	0	3	0	0	0	2	11
Alaskan/American Native	0	0	0	1	1	0	0	0	0	0	0	0	0	2
Asian	0	0	0	0	0	0	0	0	0	0	0	1	0	1
Unable to Determine	0	0	0	0	0	1	1	0	0	0	0	0	0	2
Total	1	6	5	2	1	13	15	4	6	1	1	9	14	78

*If a youth answered “Yes” to currently attending school and/or college, then they answered “Not applicable” to Question 15, “which category best describes why you are not currently attending school and/or college”, and are excluded from this table. Counts only reflect the response of youth who are not currently attending school and/or college.

❖ Of those that were not currently attending school (N=78), 35.9% (N=28) reported it due to them being employed and working.



Iowa National Youth in Transition Database (NYTD) Survey Instrument

27 Questions. 5 Minutes. Your Voice.

Survey ID: «StateID»

CONSENT TO PARTICIPATE

The purpose of this survey is to track the outcomes of youth who have been in foster care or other out of home placement. This survey is conducted by the Iowa Department of Human Rights to help Iowa improve the quality of programming provided to youth in foster care. All answers are confidential, and you may “Decline” any question you do not wish to answer.

By selecting ‘**Agree**’ below you are indicating you understand the survey and agree to participate.

Agree

Once you complete the survey, please return it to our office in the enclosed envelope by January 1st, 2019.

Using the options provided below, circle each letter that best describes your race:

- A. American Indian/Alaska Native
- B. Asian
- C. Black or African-American
- D. Native Hawaiian or Other Pacific Islander
- E. White
- F. Unknown

Decline

1

Are you of Hispanic or Latino ethnicity?

- A. Yes
- B. No
- C. Don't know

Decline

2

Currently are you employed full-time?

- A. Yes
- B. No

Decline

3

Currently are you employed part-time?

- A. Yes
- B. No

Decline

4

If you responded **no** to Question 3 and Question 4, which category best describes why you are not currently working?*

- A. Attending school
- B. Lack of transportation
- C. Child care responsibilities
- D. Lack of available jobs
- E. In between jobs
- F. Other
- G. N/A, I responded yes to currently working either full or part-time

Decline

5

In the past year, did you complete an apprenticeship, internship, or other on-the-job training either paid or unpaid?

- A. Yes
- B. No

Decline

6

Currently are you receiving social security payments (Supplemental Security Income (SSI), Social Security Disability Insurance (SSDI) or dependents' payments)?

- A. Yes
- B. No

Decline

7

Currently are you using a scholarship, grant, stipend, student loan, voucher, or other type of educational financial aid to cover any education expenses?

- A. Yes
- B. No

Decline

8

Currently are you receiving ongoing Family Investment (FIP) payments from the government to support your basic needs?

A. Yes B. No

Decline **9**

Currently are you receiving public food assistance?

A. Yes B. No

Decline **10**

Currently are you receiving any sort of housing assistance from the government, such as living in public housing or receiving a housing voucher?

A. Yes B. No

Decline **11**

Currently are you receiving any periodic and/or significant financial resources or support from another source not previously indicated and excluding paid employment?

A. Yes B. No

Decline **12**

What is the highest educational degree or certification that you have received?

- | | |
|----------------------------|---------------------------|
| A. High school diploma/GED | B. Vocational certificate |
| C. Vocational license | D. Associate's degree |
| E. Bachelor's degree | F. Higher degree |
| G. None of the above | |

Decline **13**

Currently are you enrolled in and attending high school, GED classes, post-high school vocational training, or college?

A. Yes B. No

Decline **14**

If you responded **no** to Question 14, which category best describes why you are no longer attending school and/or college?*

- | | |
|---|--------------------|
| A. Employed/Working | B. Can't afford it |
| C. Child care responsibilities | D. Poor grades |
| E. Lack of transportation | F. Other |
| G. N/A, I responded yes to currently attending school/college | |

Decline **15**

Currently is there at least one adult in your life, other than your caseworker, to whom you can go for advice or emotional support?

A. Yes B. No

Decline **16**

In the past two years, were you homeless at any time?

A. Yes B. No

Decline **17**

In the past two years, did you refer yourself, or had someone else referred you for an alcohol or drug abuse assessment or counseling?

A. Yes B. No

Decline **18**

In the past two years, have you received mental health counseling, therapy, or an assessment?*

A. Yes B. No

Decline **19**

In the past two years, were you confined in a jail, prison, correctional facility, or juvenile or community detention facility, in connection with allegedly committing a crime?

A. Yes B. No

Decline **20**

In the past two years, did you give birth to or father any children that were born?

- A. Yes B. No

Decline 21

If you responded **yes** to the previous question, were you married to the child's other parent at the time each child was born?

- A. Yes B. No

C. N/A, I responded no to having any children

Decline 22

Currently are you on Medicaid?

- A. Yes B. No C. Don't know

Decline 23

Currently do you have health insurance, other than Medicaid?

- A. Yes B. No C. Don't know

Decline 24

If you responded **yes** to Question 24, please answer the next three questions. →

If you responded *no, or don't know*, you are done with the survey portion and may fill out the Incentives Information below! ↓

Does your health insurance include coverage for medical services?

- A. Yes B. No C. Don't know

Decline 25

Does your health insurance include coverage for mental health services?

- A. Yes B. No C. Don't know

Decline 26

Does your health insurance include coverage for prescription drugs?

- A. Yes B. No C. Don't know

Decline 27

To decline to participate, select below and return:

Reason (optional): _____

No, I would not like to take the Iowa NYTD survey.

Please return this survey and the updated contact information *on the back* in the enclosed envelope by January 1, 2019.

Please **select one** compensation incentive below for participating. Your incentive will arrive within **TWO WEEKS** of our receipt of your survey.

Incentives for Survey Participation:

\$25.00 Gift Card to

- HyVee Casey's Walmart

Please send my gift card to:

Address 1: _____

City, State, Zip: _____

e.g. 321 E 12th Street
Des Moines, Iowa, 50319

Please update the contact information below
and return with your completed survey
in the enclosed envelope by January 1, 2019.

Contact Information:

My preferred method of contact is: Phone Email

My phone number _____

My email address: _____

Receive an **EXTRA \$25.00** by providing the following verifiable contact information for at least two adults we can contact if we need help locating you for the final Iowa NYTD survey around your 21st birthday:

Contact #1

Full name: _____

Email: _____

Phone: _____

Relation (e.g., Mom): _____

Contact #2

Full name: _____

Email: _____

Phone: _____

Relation (e.g., Mom): _____

If you would like for us to keep your foster care status confidential from your contacts, simply check the boxes below:

- Yes, I would like to keep my foster care status confidential from contact #1.
- Yes, I would like to keep my foster care status confidential from contact #2.

many
thanks 